

Cheeseburger Mac

1lb. ground turkey/chicken or pork

2-1/2 cup milk

1/4 cup catsup

2 tbsp. mustard

1 tbsp. onion powder

1/4 cup sour cream

1/4 cup sliced onions

1 cup chopped tomatoes

1/2 tsp. cyanne pepper

1/4 cup choppen green bell or Jalapeno peppers

1 cup shell or elbow pasta

1 cup grated cheddar cheese

salt and pepper to taste

Brown meat, onions and peppers in large skillet. Drain and set aside.

Add milk, ketchup, mustard, onion powder and cayenne pepper in sauce pan; mix well. Bring to boil. Stir in pasta; return to boil. Reduce heat to medium-low; cover. Simmer 10min. or until pasta is tender.

Stir in sour cream and cheddar cheese until well blended. Stir in chopped tomatoes.

Add meat, onions and peppers. Mix well. Reheat if necessary and serve.