

Baked Grits and Spam

4 cups water

1 tsp. salt *(optional)*

1/8tsp. ground black pepper

1/3 cup melted butter

1 cup ALBERS Quick Grits

2 cups sharp cheddar cheese *(divided)*

1/2 tsp. Hot Sauce

1 can Spam *(may be substituted with ground chicken, turkey or pork)*

Preheat oven to 375°F. Grease 9 x 5 or 8 x 4 baking pan.

Bring water and salt to a boil in medium saucepan; slowly stir in grits, butter and 1/2 cup cheddar cheese, black pepper and hot sauce. Cover; reduce heat to low. Cook, stirring occasionally, for 5 to 6 minutes and cheese is melted.

Pour combination into greased baking pan; refrigerate for 1 hour or until firm. Remove; cut Spam into approx. 1/4 inch thick slices and place on top of mixture. (substituted ground meat may be used instead of Spam). Cover with remaining cheddar cheese

Bake for 40 to 45 minutes or until golden brown.